

UPPER MERION COMMUNITY CENTER

431 W Valley Forge Rd., King of Prussia, PA 19406

610-265-1071

www.umtownship.org

OPEN GYM TIMES

August 2019

Mondays	Tuesdays	Wednesdays	Thursdays
<p><u>Multi-Purpose Court</u> Adult Pickleball 8am-12pm</p> <p><u>Court #3</u> Basketball 5:30pm-8:45pm</p>	<p><u>Multi-Purpose Court</u> Adult Pickleball 8am-12pm</p> <p><u>Courts #1 & 2</u> Basketball 5:30-8:45pm</p> <p><u>Multi-Purpose Court</u> Badminton 6pm-8:45pm</p>	<p><u>Multi-Purpose Court</u> Adult Pickleball 8am-12pm Family Pickleball 3pm-6:45pm Adult Pickleball 6:45pm-8:45pm</p> <p><u>Court #3</u> Basketball 5:30pm-8:45pm</p>	<p><u>Multi-Purpose Court</u> Adult Pickleball 12pm-3pm</p> <p><u>Court #3</u> Volleyball 5:30pm-8:45pm</p> <p><u>Multi-Purpose Court - (No 8/22)</u> Badminton 6pm-8:45pm</p>
Fridays	Saturdays	Sundays	
<p><u>Multi-Purpose Court & Court #3</u> Adult Pickleball 8am-12pm Family Pickleball 3pm-6:45pm Adult Pickleball 6:45pm-8:45pm</p> <p><u>Court #3</u> Basketball 5:30pm-8:45pm</p>	<p><u>Multi-Purpose Court</u> Adult Pickleball 8:30am-1pm Badminton 1:15pm-4:45pm</p> <p><u>Court #1</u> Basketball 8:30am-4:45pm</p> <p><u>Court #3</u> Volleyball 1pm-4:45pm</p>	<p><u>Multi-Purpose Court & Court #3</u> Adult Pickleball 8:30am-12:45pm</p> <p><u>Court #1</u> Basketball 10am-4:45pm</p>	

Please be aware that time limits will be implemented during peak times and court sharing will be required.

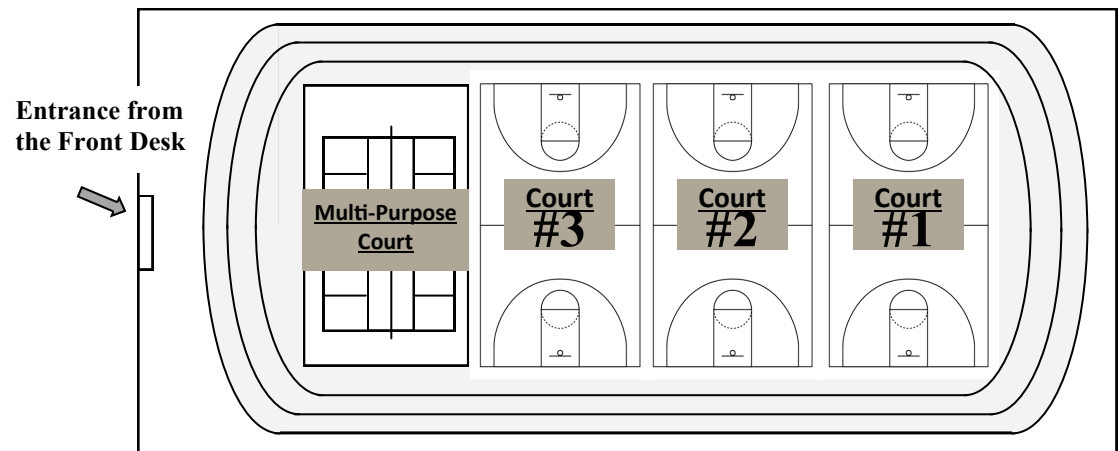
Open Gym Fee
 Passholders: FREE!
 Residents: \$5
 Non-Residents: \$10

UMCC Passholders will have access to the gym/courts on a first come first serve basis during the above Open Gym times. Non-Passholders may pay the Open Gym Fee to utilize the gym/courts. Resident rates apply to residents of Upper Merion Area school district. *Driver's Licenses or school ID's will be required to verify residency. *Schedule subject to change without notice. Confirm times by calling 610-265-1071.

Open Gym Policies

1. Dunking and/or hanging on the rims is prohibited.
2. Clean athletic shoes and shirts are required. Street shoes are prohibited.
3. Food and glass containers are prohibited. Water is permitted in plastic drink bottles.
4. Please do not spit on the floor or in the drinking fountains.
5. The Open Gym Schedule is subject to change without notice. Please confirm times by calling 610-265-1071.
6. Pick-up basketball may only be played during designated open basketball times.
7. Court sharing is required. The Community Center staff reserve the right to split all full court to half courts.
8. Time limits will be implemented during high attendance sessions.
9. Full-court games may play to a max of 11 points. The winning team may remain on the court for a max of 2 additional games. Baskets made behind the three point line are worth 2 points, all other baskets are worth 1 point.
10. Universal rules of good conduct, fair play, and good sportsmanship must be followed by all.
11. Fighting, inappropriate language, antagonistic behavior, and related actions will result in expulsion from the facility.
12. Non-Passholders may participate in Open Gym by purchasing a Daily Pass or Open Gym Fee and signing a liability waiver. Please note: waiver must be signed per visit.
13. Personal Training or Group Fitness Training is restricted to only those individuals that have been specifically employed by Upper Merion Township for the purpose of being a Personal Trainer or Group Exercise Instructor.
14. All participants under age 18 must have a waiver signed by a parent/guardian.
15. Ages 11 and up may participate in Open Gym without parental supervision.
16. The rules above are for your safety and enjoyment, and will be enforced by the Community Center staff. In all cases of dispute or player misconduct, their ruling is final.

Community Center Gym Diagram



Family Pickleball Open Gym

Due to the popularity of open gym Pickleball, we have added a time for families to play together. Bring your favorite family member and have some fun!