



Health & Safety Plan Teen Leadership Camp at the Park

Introduction

Upper Merion Parks and Recreation has put together this Health and Safety Plan to ensure everyone involved is aware and prepared for all of the safety measures in place for Camp this summer. This is our plan to ensure camp is provided in the safest environment possible. Ultimately there is inherent risk with Camp, and we encourage parents/legal guardians of higher-risk campers to consult their child's medical provider to assess their risk and determine if attendance is acceptable.

Sign in/Sign out Procedures

Drive Through Drop Off

This year we will be implementing wellness check for all campers upon arrival.

Wellness Check steps

1. Upon Arrival, Staff will ask a series of "Yes or No" Health Questions related to the camper, such as "Do you currently have a fever, cough, sore throat, or any other symptoms", and "have you or someone else you have been in contact with had Covid-19 within the last 14 days".
2. Staff will follow the below steps depending on the answers to the Health Questions:
 - a. If the person answers no to all questions, staff will proceed with taking each campers temperature from a distance using a touchless thermometer.
 - b. If the person answers "yes" to any questions, they will not be allowed to participate in camp and staff should refer the camper to seek medical or public health guidance and self-isolate.
3. If a person has a temperature of 100.4 degrees or above, or exhibits any signs or symptoms of Covid-19, staff should review the results, the family will not be allowed to participate in camp, and staff should refer the family to seek medical or public health guidance and self-isolate.
4. After the wellness check is complete, the touchless thermometer should be wiped down with a wet disinfecting wipe. The same wipe may be used after multiple checks so long as the wipe is still wet.

When to stay home?

Although we would love for you to be at camp every day, there are certain instances when it is important to not compromise the safety of others by staying home.

- Employees and campers should stay home if they have tested positive for or are showing COVID-19 symptoms.
- Employees and campers who have recently had close contact with a person with COVID-19 should also stay home and monitor their health.
- Sick staff members or campers should not return to camp until they have met CDC's [criteria to discontinue home isolation](#).
- In addition, those who are sick should notify UMPR's Recreation Superintendent if they or anyone in their family becomes sick with COVID-19 symptoms, test positive for COVID-19, or has been exposed to someone with symptoms or a confirmed or suspected case.

Health, Safety, Sanitization, and Hygiene Procedures

Staff Opening Procedures

- Upon Arrival, staff should set up any necessary equipment for the day, such as tables, chairs, tents, storage boxes, arts and crafts, etc.
- Next, a designated staff member will perform health screenings on campers as they arrive, while the other staff members will begin to gather into their groups and start activities.

Staff During Camp Procedures

- Staff should clean, sanitize, and disinfect frequently touched surfaces throughout the day, such as tables, chairs, door handles, camp supplies, and equipment.
- Personal items should be contained and remain separate from other children's belongings.
- Staff should implement the hand washing/sanitizing procedures outlined in the Handwashing portion of this document.

Staff Closing Procedures

- Staff will clean and disinfect frequently touched surfaces at the end of camp each day, including surfaces such as tables, chairs, door handles, camp supplies, and equipment.
- Staff should break down any relevant equipment or supplies, such as tables, chairs, tents, etc.
- Before leaving, staff should wash hands with soap and water or use hand sanitizer.

Hand Washing/Sanitizing

All campers and staff are required to wash hands with soap and water, or use hand sanitizer at the following times:

- Arrival to the facility and after breaks
- Before and after eating or handling food
- Before and after administering medication or medical ointment
- After using the bathroom
- After coming in contact with bodily fluid
- After handling garbage

We also encourage all staff and campers to cover coughs and sneezes with the inside of their elbow or a tissue. Used tissues should be thrown in the trash and hands washed immediately with soap and water for at least 20 seconds. If soap and water are not readily available, hand sanitizer that contains at least 60% alcohol can be used.

Personal Protective Equipment (PPE)

All Camp staff are required to wear facemasks while working. Children and youth do not need to wear cloth face coverings at camp, although face coverings are still recommended by the CDC, especially for older youth, when feasible, particularly in indoor or crowded locations.

- Staff will keep necessary PPE near workstations in the camp where they will be used.
- Face masks will be readily available at camp and worn by counselors and staff .
- Cleaning staff must wear disposable gloves & facemask for all tasks that involve cleaning, including handling trash.
- Gloves and masks should be removed carefully to avoid contamination of the wearer and the surrounding area. The wearer should clean hands after removing gloves.
- Staff must immediately report breaches in PPE (e.g., tear in gloves) or any potential exposures to their supervisor.
- Cleaning staff and others should clean hands often, including immediately after removing gloves, by washing hands with soap and water for 20 seconds. If soap and water are not available and hands are not visibly dirty, an alcohol-based hand sanitizer that contains 60%-95% alcohol may be used. However, if hands are visibly dirty, always wash hands with soap and water.

Social Distancing Procedures & Camp Activities

- Current CDC guidelines suggest group gatherings should consist of no more than 25 people within an active zone. In an effort to adhere to these guidelines, our Camp groups will be limited to a maximum of 20 campers and 3-5 Camp Staff. Camp groups will consist of the same campers each week and staff will remain with the same group.
- Camp groups will not intermingle or have larger group activities that may promote transmission.
- We will limit the mixing of children, such as staggering field use times and keeping groups separate for special activities.
- Per CDC Guidelines, physical activity conducted as part of summer programming is allowed. We will alter activities and games when feasible to limit them to little or no physical contact.

Personal belongings and Shared items

- Each camper's belongings will be separated from others and in individually labeled containers, cubbies, or other specified areas.

- We will ensure adequate supplies to minimize sharing of high-touch materials to every extent possible (e.g., assigning art supplies or other equipment to a single camper), or by limiting use of supplies and equipment to one group of campers at a time and cleaning and disinfecting between use.
- We will avoid sharing electronic devices, toys, books, and other games where possible.

Rules and Guidelines for Campers

At the beginning of camp, staff will have a demonstration with all campers in their group, discussing behaviors and precautions campers should abide by to prevent the spread of COVID-19, including:

- How and when to effectively wash and sanitize hands
- How to practice physical distancing in various settings (outside, inside, bathrooms, etc.)
- Which symptoms to look out for and when to report them and to whom
- When to stay home
- Coughing etiquette
- Any other camp-specific policies or guidelines

Signage

Posters related to Health & Safety Awareness/Tips will be displayed at various locations of camp. Including Handwashing Info, Coughing Etiquette, and Symptoms of Covid-19.

In the Event of a Potential Exposure to COVID-19

- We will close off all areas used by a sick person and not use these areas until after cleaning and disinfecting them (for outdoor areas, this includes surfaces or shared objects in the area, if applicable).
- We will wait at least 24 hours before cleaning and disinfecting. If 24 hours is not feasible, we will wait as long as possible.
- Camp locations may need to stop operations for a recommended period of time.

Notification

- In accordance with state and local laws and regulations, UMPR will notify local health officials, staff, and families immediately of any case of COVID-19 while maintaining confidentiality in accordance with the Americans with Disabilities Act (ADA).
- We will advise those who have had close contact with a person diagnosed with COVID-19 to stay home, self-monitor for symptoms, and follow CDC guidance if symptoms develop.

Camp Details- # of Campers/Staff, Family Restrictions, Registration Info

Teen Leadership Camp at the Park

Teen Leadership Camp is a fun and educational opportunity that is designed to help teens transition from a camper to a camp counselor! All participants will learn how to become a camp counselor and a positive role model while focusing on developing leadership and life skills. Daily activities will also include STEAM-based projects, team building exercises, and socially distanced physical activities.

TLC at the Park Info

Dates: Monday-Friday 7/6-7/31

Times: 9am-12pm

Ages: 13-15

Cost: All 4 weeks=Residents-\$300, Non-Residents \$310

Registration:

All registration must be done online and paid in full at the time of registration.

To Register, visit: <https://www.umtownship.org/departments/parks-recreation/>