Fall 2020
Activity Guide
Programs for Adults | Preschool | Youth | Seniors
September-December
UPPER MERION TOWNSHIP PARKS & RECREATION BOARD

Mike Trachtenberg, Chairperson
Mary Ann Ahearn, Vice Chair
Dana Augustine, Secretary
Deena Newman
Paul Salamy
Neil Sardinas
Tina Garzillo, Board Liaison
Dan Russell, Staff Liaison

UPPER MERION TOWNSHIP
PARKS & RECREATION TEAM

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Brian Sell: Program Coordinator
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Gerry Testa: Maintenance Foreman
gtesta@umtownship.org

Paige Wildasin: Recreation Assistant
pwildasin@umtownship.org

UPPER MERION COMMUNITY CENTER
COMPLEX ADVISORY BOARD

Paul Kubler, Chairperson
Chris Levy, Vice Chair
Karen Huller, Secretary
Evelyn Ankers
Sharon Davis
Deena Newman
Terry Stevens
Greg Waks, Board Liaison
GlennAnne Chabala, Staff Liaison
Ben Eyer, Student Member

UPPER MERION COMMUNITY CENTER COMPLEX ADVISORY BOARD
Meetings 7:30pm  Upper Merion Community Center
Meeting dates: 9/15, 10/20, 11/17, 12/22

Like us on Facebook & Follow us on
Twitter & Instagram
Upper Merion Parks and Recreation

Special Events
Unfortunately, due to Covid-19, UMPR has made the
difficult decision to cancel some of our upcoming
special events. Stay tuned for announcements on
alternate virtual activities for these events.

Community Fair & Fall Festival
In-Person CANCELLED
Virtual Activities TBA

Holiday Village
In-person CANCELLED
Virtual Activities TBA

Programs with this symbol are able to accommodate participants with special needs.
If you have questions, please call the Park and Rec office before registering.
610-265-1071
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PROGRAM LOCATIONS

BAXTER PARK:
   650 S. Henderson Rd, KOP

BELMONT PARK:
   200 Anderson Dr, KOP

BRIDGEPORT SCHOOL:
   900 Bush St, Bridgeport

BOB CASE FIELD:
   295 Abrams Mill Rd, KOP

BOB WHITE PARK:
   485 Falcon Rd, Wayne, PA 19087

CALEY SCHOOL:
   725 Caley Rd, KOP

CANDLEBROOK SCHOOL:
   310 Prince Frederick St, KOP

EXECUTIVE ESTATES PARK:
   Longview Rd, KOP

FACENDA WHITAKER LANES:
   2912 Swede Rd, East Norriton

GULPH SCHOOL:
   650 S Henderson Rd, King of Prussia

GULPH MILLS INDOOR TENNIS CLUB:
   610 South Henderson Rd, KOP

HEUSER PARK:
   694 W. Beidler Rd, KOP

RADNOR RACQUET CLUB:
   175 King of Prussia Rd, Radnor

ROBERTS SCHOOL:
   889 Croton Rd, Wayne

SWEDELAND PARK:
   B Street & River Road, Swedeland, KOP

UPPER MERION AREA HIGH SCHOOL:
   435 Crossfield Rd, KOP

UPPER MERION AREA MIDDLE SCHOOL:
   450 Keeble Rd, KOP
   Please use rear entrance, off of Crossfield Rd to enter building.

UPPER MERION COMMUNITY CENTER:
   431 W. Valley Forge Rd, KOP

UPPER MERION TOWNSHIP BLDG:
   175 W. Valley Forge Rd, KOP

UPPER MERION TOWNSHIP OUTDOOR POOL:
   431 W. Valley Forge Rd, KOP

VALLEY FORGE NATIONAL HISTORICAL PARK:
   1400 North Outer Line Drive, KOP

WALKER FIELD:
   Old Fort & William Rd, KOP

For directions and park rental information please visit our website;
   www.umtownship.org/departments/parks-recreation
**Registration Info:**

**All Activities and Trips**
- Only people who are registered prior to the start of an activity will be permitted to participate.
- Classes may be cancelled prior to their start if the minimum number has not been reached.
- Upper Merion Parks & Recreation complies with the Americans With Disabilities Act.
- Participants must abide by all rules & regulations set forth by Upper Merion Parks & Recreation relating to participation in trips & activities, including Upper Merion Area School District rules & regulations pertaining to illegal drugs, weapons, and smoking.
- All activities and trips are filled on a first-come first-served basis. A spot can ONLY be reserved upon receipt of completed registration & full payment.
- For Senior Citizen prices ages 60 and up: must be an Upper Merion Resident to qualify for activities (UMASD residents).
- Prices, dates, times & locations are subject to change without notice.
- For inclement weather, check our web site or contact the Park & Recreation Department (610-265-1071) or program coordinator to see if the activity is cancelled. Classes will be made-up if time permits. www.umtownship.org
- When UMASD schools are closed, all activities taking place at UMASD facilities are cancelled.
- Upper Merion Township is not responsible for lost, stolen, or misplaced items.
- Students staying after school to attend a program must provide a written note to the school office.

**Trip Info**
- Prices for trips include ticket & transportation, unless noted. Any tickets will be distributed on the bus.
- Buses usually depart from and return to Upper Merion Township Building Lower Lot or the UM Community Center.
- Do not board bus before the chaperones.
- Children under the age of 5 are not permitted on trips transported by school buses.

**Refund Policies:**

**UMPR Community Center Passholder Refund Policy**
- No refunds will be given for Annual memberships.
- Passholders who have a monthly membership payment may only cancel their membership after the second month. Monthly membership payments may be cancelled 15 days before the next scheduled payment after the second month.

**UMPR Pool Membership Refund Policy**
- Pool memberships are non-refundable.

**UMPR Class and Program Refund Policy**
- Classes: refunds must be requested prior to the start of the second class. There are no makeups, pro-rating, or refunds for missed classes.
- One or two-day events: refunds must be requested one-week in advance of the event.
- Excursions or Outings: refunds must be requested seven days in advance of the trip date. No refunds will be issued less than 7 days prior to the trip date unless spots can be filled from a waitlist.
- If insufficient enrollment causes a class to be cancelled, notification will be given and full tuition refunded, or a credit will be given for future use. (The Upper Merion Parks and Recreation Department reserves the right to cancel, postpone, combine classes, or change instructors.)

**UMPR Camp and Camp Trip Refund Policy**
- Camps (ADC, ADC2, Camp Beech tree, and Consortium for the Arts): refunds must be requested prior to the start of camp. Camps are non-refundable after the start.
- Camp trip cancellations: Camp trips are non-refundable after registration.

**UMPR Discount Ticket and Daily/Open Gym Pass Refund Policy**
- Discount Tickets: purchases are non-refundable.
- Daily Passes and Open Gym Passes: purchases are non-refundable.

*Requests for refunds must be approved by the Department.*

(*Refund checks are mailed within 30-60 days and are subject to a $10 processing fee. Credit card purchases may be refunded within 7 days of purchase.*)
COMMUNITY CENTER INFO

Updated Hours of Operation:
Monday through Friday 5:00a-8:30p
Saturday and Sunday 8:00a-4:30p
*Hours subject to change*

Child Watch
Unavailable until further notice

Contact Info:
610-265-1071
431 W. Valley Forge Road,
King of Prussia, PA 19406

Upper Merion Community Center Membership Rates
(Members receive a 15% discount on UMPR programs/ 25% discount on Pool Memberships)

<table>
<thead>
<tr>
<th>Passholder Category</th>
<th>Resident Annual</th>
<th>Resident MONTHLY</th>
<th>Non-Resident Annual</th>
<th>Non-Resident MONTHLY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult</td>
<td>$325.00</td>
<td>$27.08</td>
<td>$405.00</td>
<td>$33.75</td>
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<tr>
<td>*Adult Couple</td>
<td>$490.00</td>
<td>$40.83</td>
<td>$615.00</td>
<td>$51.25</td>
</tr>
<tr>
<td>Senior (60+)</td>
<td>$260.00</td>
<td>$21.66</td>
<td>$325.00</td>
<td>$27.08</td>
</tr>
<tr>
<td>*Sr. Couple</td>
<td>$390.00</td>
<td>$32.50</td>
<td>$490.00</td>
<td>$40.83</td>
</tr>
<tr>
<td>Youth (3-17)</td>
<td>$260.00</td>
<td>$21.66</td>
<td>$325.00</td>
<td>$27.08</td>
</tr>
<tr>
<td>*Family (2 adults &amp; max 4 kids)</td>
<td>$700.00</td>
<td>$58.33</td>
<td>$875.00</td>
<td>$72.91</td>
</tr>
<tr>
<td>*Single Parent Fam. (1 adult, max 2 kids)</td>
<td>$350.00</td>
<td>$29.16</td>
<td>$440.00</td>
<td>$36.66</td>
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<tr>
<td>Additional Child Charge (beyond the family maximum)</td>
<td>$50 per child</td>
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Service Member Discounts: Veterans
Active Volunteer Fire and EMS
Citizen Board Members
5% discount on all membership categories

**1 Month Membership -Child, Adult, or Senior
$30-Residents; $40-Non-Residents;

***Open Gym
$5-Residents; $10-Non-Residents; Free to Passholders

***Daily Pass
$10-Residents; $15-Non-Residents; Free to Passholders

Additional Details:
*A Family consists of parents and/or legal guardian with children (23 years old and younger) living in the same household. UMPR holds the right to ask for proof of dependency and residency.
*Dependents age 23 and younger must be son/daughter or prove dependency on primary applicant.
*A couple consists of two adults in the same household as spouses or partners. UMPR holds the right to ask for proof of residency.
**Passholders who have a one month membership are not eligible for program/pool discounts.
***Open gym: An Open Gym Pass provides non-passholders use of all scheduled open gym for the day. Participants must sign waiver. Those under 18 years of age must have a parent/guardian signed waiver at each visit.
***Daily Pass: A Daily Pass provides non-passholders unlimited use of the fitness center, group exercise classes, and scheduled open gym for the full day. Participants must sign waiver each visit. Those under 18 years of age must have a parent/legal guardian signed waiver.

UMCC - Age Policy:
Open Gym: Ages 11 and older may participate in Open Gym without parent/guardian supervision.

Fitness Center: Ages 14 and older may utilize the Fitness Center without parent/guardian supervision, after receiving a Fitness Orientation from a Fitness Specialist. Ages 10-13 may utilize the cardio equipment in the Fitness Center with direct parent/guardian supervision. Ages 10-13 are not permitted to use weights or strength machines for their safety.

Group Exercise Classes: Ages 14 and older may participate in Group Exercise Classes without parent/guardian supervision. Ages 10-13 may participate in Group Exercise Classes with direct parent/guardian supervision. Ages 5-13 may participate in Group Exercise Classes designated as "Family Friendly".

UMCC Holiday Schedule

<table>
<thead>
<tr>
<th></th>
<th>Closed</th>
<th>Closing at 5 pm</th>
<th>Closing at 4:30 pm</th>
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<tbody>
<tr>
<td>New Year's Eve</td>
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<td>Easter Sunday</td>
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<td>Memorial Day</td>
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<td>Independence Day</td>
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<td>Labor Day</td>
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<td>Thanksgiving Eve</td>
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<td>Thanksgiving Day</td>
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<td>Christmas Eve</td>
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<td>Christmas Day</td>
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<tr>
<td>New Year's Eve</td>
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</tbody>
</table>

Additional Child Charge:
$50 per child

Service Member Discounts:
Veterans
Active Volunteer Fire and EMS
Citizen Board Members
5% discount on all membership categories

**1 Month Membership - Child, Adult, or Senior
$30-Residents; $40-Non-Residents;

***Open Gym
$5-Residents; $10-Non-Residents; Free to Passholders

***Daily Pass
$10-Residents; $15-Non-Residents; Free to Passholders
Community Center COVID-19 Protocols

The following access controls and social distancing code of conduct will be strictly enforced.

- **Entering protocols**
  - Everyone in the building must wear a mask
  - The main front entrance will be used for all arrivals and departures from the front parking lot.
  - Two color coded lines will be used at the front entrance. One for passholders swiping in and one for ticket purchases, questions and registrations.
  - The back-entrance door between multipurpose 1 and 2 will be open at 9 am for arrivals and departures from the back-parking lot
  - The back entrance will be used for passholders, those wanting to purchase tickets and those with questions.
  - Those entering the building to purchase tickets, complete registrations, or ask questions will be required to sign a visitor’s log with their name, contact phone and date/time of visit.
  - All entering the building will be given a health screening
    - Do you currently have a fever, cough, sore throat, or other symptoms, have you someone else with whom you have been in contact had Covid-19 in the past 14 days
    - Touchless thermometers will be used to screen for elevated temperature- anyone with 100.4 or higher will not be allowed to enter
    - If any symptoms are present or the individual answers yes to any question, the individual or family will not be allowed to enter and will be referred to their family doctor.

- **Staffing**
  - All staff will be required to attend a training session on proper use of disinfectant and which areas considered are high touch. In addition, training will be held on new entrance procedures.
  - All staff are required to wear masks while working.
  - PPE – glove and masks will be available for staff

- **Cleaning Protocols**
  - All high touch areas will be disinfected hourly, hand sanitizers will be available at the front desk, wall mounted sanitizers throughout building- entrance, fitness center, gym
  - Foot pedals to allow opening doors hand free have been installed on all public bathrooms and locker rooms
• Open gym
  • Masks must be worn while playing or working out
  • Those waiting to play must practice social distancing
  • Pickleball and badminton-If one person is waiting – one of the losing participants must leave the court. If two people are waiting - both losing participants must leave the court.
  • Volleyball-will not be permitted at this time
  • Basketball- Shooting hoops only. No games will be permitted
  • Shared equipment will be disinfected after use

• Fitness Center
  • Masks must be worn while working out
  • Can utilize every other cardio machine- machines not available will be taped off
  • All participants will be required to wipe down machines
  • Free standing disinfection stations will be added to the fitness center floor
  • Rowers, spin bikes and small machines will be moved to the track
  • Fitness center staff will monitor usage and cleaning of machines

• Group Exercise
  • Masks must be worn while working out
  • Classes will be held- subject to capacity limits.
  • If equipment is used fitness staff will properly disinfect equipment after each class
  • Equipment will not be shared during classes
  • Spin classes can be held - class limits strictly enforced.

• Child Watch
  • Child watch will not be available

• Locker rooms/bathrooms/water fountains
  • Showers will not be available
  • Signage limiting number of people in locker room will be posted.
  • Water fountains will not be available
  • Water bottle refilling stations will be available

• Lounge
  • Lounge will be locked.

Failure to follow the new rules and guidelines may cause memberships to be cancelled or the facility closed.
Interested in Personal Training?

*Revolve* delivers the most lifestyle friendly, integrative fitness experience for those seeking to improve their overall health. Our programs are carefully and intelligently designed with emphasis on 4 essential fitness principles, revolved daily. Gone is one size fits all. No more repeating the same forms of exercise over and over again! We meet you where you are due to our balanced scaling and variety in programming.

Schedule with our Fitness Staff TODAY!

Free Nutrition Coaching for Passholders! Every 1st Monday of the Month!

At Simplex Health, we believe your path to better health needs to move beyond conventional thinking. We bring a fresh approach with our doctor-approved and dietitian-supported programs, developed around prevention, nutrition, and diabetes education.

For more information please visit: [simplexhealth.com](http://simplexhealth.com)

Based on your health insurance, this could come at no cost to you!

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For Group Exercise class descriptions and class locations, please visit our website: [www.umtownship.org](http://www.umtownship.org)

*Class schedule/instructors are subject to change*
Crime Scene Investigation

Ages: 11-18
Location: Virtual / Zoom
Instructor: Nation CSI Staff

This instructional course is designed to examine STEM principles as they relate to solving crimes. The introductory 7.5-hour course is taught by former Detectives. Each student will get a Crime Scene Lab Kit that he/she will use during this class. This cost of this class includes the instruction throughout the 5-day class via PowerPoint presentations & lecture, logic drills, lab kit, T-Shirt, Certificate of Completion, forensic exercises, STEM labs Students will cast footprints, lift and identify fingerprints at home, and much more.

Cost: R-$106, NR-$116, PR-$90, PNR-$98
FAS20.1.1 Mon-Fri 10/26-10/30 4:00p-5:30p

Young Rembrandts - Virtual Anime Club

Ages: 5-15
Location: Virtual / Zoom
Instructor: Young Rembrandts Staff

Does your child love Anime /Manga? Sign them up for our new virtual club and they will have lots of fun every week drawing their favorite subjects.

Cost: R-$100, NR-$110, PR-$85, PNR-$93
FAS20.3.1 Thurs 9/24-10/29 4:30p-5:30p

Young Rembrandts - Virtual Pastel Club

Ages: 5-15
Location: Virtual / Zoom
Instructor: Young Rembrandts Staff

Does your child love Pastels? Sign them up for our new virtual club and they will have lots of fun every week drawing their favorite subjects.

Cost: R-$100, NR-$110, PR-$85, PNR-$93
FAS20.4.1 Wed 9/23-10/28 4:30p-5:30p

Discount Ski Tickets

Will be available at the Community Center Front Desk
Mid-December!

Register at the UMCC Front Desk or online at https://register.communitypass.net
Hypnosis with Barry Wolfson
Ages: 14+
Location: UM Community Center
Instructor: Barry Wolfson

Stop Smoking - Through hypnosis, smoking cessation is easily achieved in a one hour session.
Lose Weight - Through hypnosis, weight loss is easily and painlessly attained through this one hour session.
Relaxation - Learn relaxation techniques and strategies to relax easier in this one hour session. Min 4 Max 17

Cost: R-$69, NR-$74, PR-$58, PNR-$63

FH20.1.1 Stop Smoking – Wed 10/19 6:00p-7:00p
FH20.1.2 Lose Weight – Wed 10/19 7:00p-8:00p
FH20.1.3 Relaxation – Wed 10/19 8:00p-9:00p

Don’t Forget Your Mask.
Don’t forget masks must be worn while in the Community Center at all times. Let’s keep our neighbors safe.
Baby Boomers Retirement Road Map
Ages: 58-68
Location: UM Community Center
Instructor: John J Crowley, MBA

This is a 4-part workshop series, that will cover several key parts of your Retirement. Part 1, we will cover social security claiming strategies to optimize your social security benefit. In Part 2, Medicare basics will be covered. In part 3, Retirement Income Planning, you will learn about the different options available to you when you retire and what the differences are. We will discuss coordinating your Social Security and Pension, with your retirement savings along with various withdrawal strategies. Part 4 is “The Income for Life Model”. In this workshop I will discuss how to build a retirement income plan using a bucket or ladder strategy. Min 5 Max 12

Cost: $1
FI20.1.1 Social Security- Thurs 10/1 6:30p-8:30p
FI20.1.2 Medicare Basics- Thurs 10/8 6:30p-8:30p
FI20.1.3 Retirement Income Planning- Thurs 10/15 6:30p-8:30p
FI20.1.4 Income for Life Model- Thurs 10/22 6:30p-8:30p

Budgeting and Lowering Expenses
Ages: 14+
Location: UM Community Center
Instructor: Christopher Crail

Too much month at the end of the money? Come learn some tips about budgeting, as well as a number of different ways to cut expenses and create more money that can be saved or used to pay down debt. Min 4 Max 20

Cost: $1
FI20.2.1 Thurs 10/8 6:00p-7:00p

Debt Elimination Strategies
Ages: 14+
Location: UM Community Center
Instructor: Christopher Crail

Struggling with debt? Can't see any end in sight? Come learn the quickest and most-efficient ways to pay off debt, as well as potentially save thousands of dollars in interest! This is a must-see workshop if you have any debt! Min 4 Max 20

Cost: $1
FI20.3.1 Thurs 11/5 6:00p-7:00p

How Does My Life Insurance Really Work?
Ages: 14+
Location: UM Community Center
Instructor: Christopher Crail

Have you ever read your policy? If so, any ideas what it means? Come learn how different types of policies work so you can know for sure what type of plan is a fit for you and your family! Feel free to come with questions! Min 4 Max 20

Cost: $1
FI20.4.1 Thurs 11/19 6:00p-7:00p

Know Your Medicare Options
Ages: 60+
Location: UM Community Center
Instructor: Steven Perlman, DelVal Senior Advisors

Many questions are raised about enrollment in a Medicare Plan as you turn 65. What do I need to do? How do I go about it? This seminar will give you some of the basics you need to know about how and when to enroll in Medicare.

Cost: $1
FI20.5.1 Thurs 11/12 6:30p-8:00p

Snapology - Mini Figure Mania!
Ages: 5-12
Location: UM Community Center
Instructor: Snapology Staff

Join us as we shrink ourselves to mini-figure size and create our own mini-figure adventure world! Building with LEGO® bricks is often about one thing: making incredible constructions for the minifigures that get to live and use them. This exciting Snapology program will provide a structure for students to make some truly wild creations, with engineering challenges and builds that require a lot of imagination and creativity!

Cost: R-$159, NR-$169, PR-$135, PNR-$143
FI20.6.1 Mon 9/28-11/16 4:00p-5:00p

Women in Wealth
Ages: Any
Location: UM Community Center
Instructor: Mary E Wagner

Financial equality and independence are just as important for women. And for those women looking to seek a life of prosperity and build wealth, having the right investing skills is the key. Various reports consistently confirm that women outperform men by a considerable margin when it comes to investing. Come learn about the different ways that women invest.

Cost: $1
FI20.7.1 Thurs 11/22 6:00p-8:00p

(R) Upper Merion Residents; (NR) Non-residents; (PR) Passholder Resident; (PNR) Passholder Non-Resident
MARTIAL ARTS

Tae Kwon Do - Mike Coleman
Ages: 7+
Location: UM Community Center
Instructor: Mike Coleman; 4th Degree Black Belt

Mixed class for a variety of ages and abilities, including beginners age 7+. Learn Tae-Kwon-Do in a fun but structured environment that fosters discipline, respect, and the work ethic needed for success not just in martial arts, but in life. NO 11/26

Cost: 1 day per week - R-$75, NR-$80, PR-$64, PNR-$68
FMA20.1.1 All Levels - Tues or Thur 10/1-12/15; 7:00p-8:30p
Cost: 2 days per week - R-$105, NR-$115, PR-$90, PNR-$98
FMA20.1.2 All Levels - Tues and/or Thur 10/1-12/15; 7:00p-8:30p

MUSIC CLASSES

Music Lessons with Stephen Kleiman
Ages: 7+
Location: UM Community Center
Instructor: Stephen Kleiman

6 weeks of half hour sessions of Guitar, Banjo, Mandolin, Ukulele or Bass. Lessons are available in both electric and acoustic styles, all skill levels are welcome. Mr. Kleiman is currently Professor of Music for Arcadia University. Learn from a seasoned performing professional with over 30 years of teaching experience. 1 student per time slot.

Cost: R-$229, NR-$239, PR-$195, PNR-$203,
FMC20.1.1 Mon 9/21-10/26 5:00p, 5:30p 6:00p, 6:30p, 7:00p, 7:30p, 8:00p, 8:30p
FMC20.1.2 Mon 11/9-12/14 5:00p, 5:30p 6:00p, 6:30p, 7:00p, 7:30p, 8:00p, 8:30p

Piano Lessons with Melanie
Ages: 8+
Location: UM Community Center
Instructor: Melanie Eberhard

Individual piano lessons tailored to the age and interest of each student. Ms. Eberhard is an experienced teacher of thirty years, with a performance and educational background, including music learning methodologies for elementary age and early childhood. In addition to private instruction, Ms. Eberhard is Director of Music at Christ Church, UCC, and is the K-12 Music Teacher at Camphill Special School Beaver Run. Ms. Eberhard adapts well to different ages and abilities. 1 student per time slot. Cost: R-$160, NR-$170, PR-$150, PNR-$160 (5 sessions)
FMC20.2.1 Tues 9/29-10/27, 4:30p, 5:15p, 6:00p, 6:45p
FMC20.2.2 Tues 11/10-12/15 4:30p, 5:15p, 6:00p, 6:45p
NO CLASS 11/24!

Virtual Piano Lessons with Melanie
Ages: 5+
Location: Zoom App

Individual piano lessons tailored to the age and interest of each student taught virtually over Zoom. Ms. Eberhard has two views available, including a view from above the keyboard. She also has a digital whiteboard. Children under 8yrs old will need a parent to sit with them. Ms. Eberhard is an experienced teacher of thirty years, with a performance and educational background, including music learning methodologies for elementary age and early childhood. In addition to private instruction, Ms. Eberhard is Director of Music at Christ Church, UCC, and is the K-12 Music Teacher at Camphill Special School Beaver Run. Ms. Eberhard adapts well to different ages and abilities. 1 student per time slot. Time slots will be scheduled with the instructor via email. Max 8 students.

Cost: R-$176, NR-$186, PR-$150, PNR-$160
FMC20.3.1 9/29-10/27 days and times TBD
FMC20.3.2 11/10-12/15 days and times TBD

Discount Ski Tickets Coming Soon!
Blue Mountain
Big Boulder
Bear Creek
Tickets will be available at the CC Front Desk mid-December!

We have your Movie Tickets!
   ○ Movie Tavern: $9
   ○ Regal Cinemas: $10
Stop by the Community Center Front Desk to purchase tickets!
Parents Night Out!
Ages: 3-10  
Location: UM Community Center  
Instructor: UMPR Staff  
Everyone needs a Date Night! Drop the kids off for a fun filled night of crafts, activities, pizza and a movie! Monthly themes available online! Please bring own water bottle. 
Min 4 Max 22  
Cost: R-$24, NR-$29, PR-$20, PNR-$25  

FPN20.1.1  Fri 10/2 5:30p-8:30p “Candy Craze”  
FPN20.1.2  Fri 11/6 5:30p-8:30p “Sports Night”  
FPN20.1.3  Fri 12/4 5:30-8:30p “Snowy Times”  

Family BINGO Night!
Ages: 5+  
Location: UM Community Center  
Instructor: UMPR Staff  
Have some family fun playing one of our favorite games, BINGO! Fun prizes for the kids, pizza and juice. Kids must be accompanied by an adult.  
Cost per person: $8  

FPN20.2.1  Fri 10/16 6:00p-7:30p  
FPN20.2.2  Fri 11/20 6:00p-7:30p  
FPN20.2.3  Fri 12/18 6:00p-7:30  

PLAY & LEARN CLASSES (newborn to school age)

Paint and Play!
Ages: 1.5-5  
Location: UM Community Center  
Instructor: Marianne Sutera, Purposeful Play  
This parent/child class supports whole child learning as we focus on developmental process over product. Lots of opportunity to experiment with paint and varied materials as we thread a theme with imagination, movement, and music. This multi medium art class is a treat for the senses! Supports social, language, and fine motor development.  
Purposefulplay1@gmail.com. Min 3, Max 8.  
Cost: R-$169, NR-$179, PR-$144, PNR-$154  
FPL20.1.1  1.5-2.5yrs – Tue 9/22-11/10 10:30a-11:30a  
FPL20.1.2  2-5yrs – Tue 9/22-11/10 12:30p-1:30p  
NO CLASSES 11/03 and 11/24  

Purposeful Play
Ages: Newborn-5yrs  
Location: UM Community Center  
Instructor: Marianne Sutera  
Interactive developmental play program for children and parents. Movement with music, gym exploration, and parachute, all with tyke sized equipment perfect for fun! From tummy time for newborns to gym skills for preschoolers, our facilitated activities support physical, social, and cognitive skills. Nannies and grandparents welcome. Come with a friend, meet new friends! Ages are guidelines, your class should match your child’s personal development.  
Cost: R-$113, NR-$123, PR-$96, PNR-$105  
FPL20.2.1  Newborn-6month Bitty Bears – 1:00p-1:45p  
FPL20.2.2  6-14months Baby Bears - 12p-12:45p  
FPL20.2.3  Walkers-2.5yrs Little Bears - 10:00a-10:45a  
FPL20.2.4  2-5yrs Big Bears - 11:00a-11:45a  

SPORTS PROGRAMS - YOUTH

Basketball - Little Hoop Stars
Ages: 4-5 or 6-7  
Location: UM Community Center  
Instructor: Jump Start Sports Staff  
Players are taught the basics of dribbling, passing, shooting, positioning, defense, and rebounding in a fun-oriented program. Min 8 Max 20  
Cost: R-$111, NR-$121, PR-$95, PNR-$103  
FSY20.1.1  Ages 4-5 Mon 11/2-12/7 5:30p-6:30p  
FSY20.1.2  Ages 6-7 Mon 11/2-12/7 6:45p-7:45p  

Basketball - Shooting Clinic
Ages: 5-8, 9-12, or 13-17  
Location: UM Community Center  
Instructor: Barry Wolfson: aka The Foul Shot Doc  
Improve your skills with this one-hour preseason training. Players will learn both the physical and mental aspects of shooting. “The Foul Shot Doc” has over 30 years of experience coaching players from kids to NBA stars, Jameer Nelson and Trevor Ariza. Players will take their shooting to the next level. Focus will be on shooting and foul shooting. For more info visit: www.foulshotdoc.com  
Min 4 Max 20  
Cost: R-$18, NR-$23, PR-$15, PNR-$20  
FSY20.2.1  Ages 5-8 Sat 10/24 9:00a-10:00a  
FSY20.2.2  Ages 9-12-Sat 10/24 10:00a-11:00a  
FSY20.2.3  Ages 13-17-Sat 10/24 11:00a-12:00p
### Basketball - The Skills Academy
**Ages:** 7-9 (Grades 2nd-3rd) & 9-12 (Grades 4th-6th)  
**Location:** UM Community Center  
**Instructor:** Drew Heinerichs

The Skills Academy is a 6-week clinic geared to teaching children in 2nd-6th grade the proper fundamentals of basketball, so that they can feel confident and successful. During the 6-week clinic the boys and girls will be working on shooting, passing, dribbling, triple threat, pivoting, and proper footwork. All these skills are fundamental basketball skills that young players need in order to become a successful basketball player. The clinic is run by a USA licensed youth basketball coach and a former high school basketball coach. **Min 8 Max 24**

**Cost:** R-$105, NR-$115, PR-$90, PNR-$98

FSY20.3.1  **Grades 2-3**  Thurs 10/8-11/12 6:00p-7:00p  
FSY20.3.2  **Grades 4-6**  Thurs 10/8-11/12 7:15p-8:15p

### NFL Flag Football - Youth Coed League
**Ages:** 5-13  
**Location:** Heuser Park  
**Instructor:** Flag Football America Staff

Youth co-ed players will be organized and play according to national NFL flag rules and regulations. Regular season includes practices and games. The league will provide jerseys, referees, flags, fields and footballs. No prior experience is necessary. Athletic attire and non-metal football cleats/sneakers required. Travel games are possible during the course of the season.

**Cost:** R-$149, NR-$159, PR-$127, PNR-$135  
SY20.1.1 /FSY20.4.1  Sun 9/13-11/1 Sun 1:00p-5:00p

### Soccer Shots
**Ages:** 2-3, 3-5, & 5-7  
**Location:** UM Community Center  
**Instructor:** Soccer Shots Staff

Soccer Shots is an engaging children’s soccer program with a focus on character development. Our caring team positively impacts children’s lives on and off the field through best-in-class coaching, curriculum and communication. Our coaches are the best-trained in the business. Our expert-approved curriculum is age-appropriate and aligns with childhood education standards. In addition, we provide an exceptional customer experience and ongoing communication with parents.

**MINI (2-3-year old)** - Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game.

**CLASSIC (3-5-year old)** - Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting.

**PREMIER (5-7-year old)** - Soccer Shots Premier focuses on individual skill, fitness and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. **NO 11/25**

**Cost:** R-$162, NR-$172, PR-$138, PNR-$146  
FSY20.6.1  **Ages 2-3**  Wed 10/14-12/9 4:30p-5:10p  
FSY20.6.2  **Ages 3-5**  Wed 10/14-12/9 5:20p-6:00p  
FSY20.6.3  **Ages 5-7**  Wed 10/14-12/9 6:10p-6:50p

### Tennis - Radnor Racquet Club
**Ages:** 4-18  
**Location:** Radnor Racquet Club  
**Instructor:** David Broida

Learn the fundamentals of the sport, including forehand, backhand, serve, volley and basic strategy. Instruction will be provided for Beg. & Int. players, as well as training for middle & high school tennis team members.

**Cost:** R-$195, NR-$205, PR-$166, PNR-$174  
FSY20.7.1  **Beg & Adv Beg**– Sun 9/20-11/22 3:00p-4:00p  
FSY20.7.2  **Beg & Adv Beg**– Sun 9/20-11/22 4:00p-5:00p  
FSY20.7.3  **Adv Beg & Interm**– Sun 9/20-11/22 5:00p-6:00p  
FSY20.7.4  **Adv Beg & Interm**– Sun 9/20-11/22 6:00p-7:00p

### Tennis - Youth Indoor
**Ages:** 6-10 & 11-17  
**Location:** Gulph Mills Tennis Club  
**Instructor:** Julian Krinsky School of Tennis Staff

This program is designed for children of all skill levels. All our tennis programs are taught by full-time USPTA-, USPTR-, and JKST-trained professionals. Program includes instruction, drills, strategy and matches. Please bring a water bottle. **Max: 16.**

**Cost:** R-$145, NR-$155, PR-$123, PNR-$132  
FSY20.8.1  **Ages 6-10**  Sun 10/4-12/6 6:30p-7:30p  
FSY20.8.2  **Ages 11-17**  Sun 10/4-12/6 7:30p-8:30p

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**Sports Programs - Youth Cont.**
SPORTS PROGRAMS - YOUTH Cont.

Basketball - Xtreme Hoops - Group Training
Ages: 11+
Location: UM Community Center
Instructor: Michelle Michael

This is an advanced and intense group workout session designed to help aspiring players develop advanced basketball shooting skills. The workout will include the use of the latest technology in basketball shooting. Sessions are paid in advance through Parks & Rec and scheduled at www.xtreme-hoops.com. Click on Make a Reservation or Email Michelle Michael at ShellyM@girls hoops.org.

Dates: Friday Nights 9/25-12/18—60-minute group sessions
Cost:
FSY20.9.1 Single Session—R-$35, NR-$40, PR-$30, PNR-$34
FSY20.9.2 5 Sessions—R-$175, NR-$185, PR-$149, PNR-$157
FSY20.9.3 10 Sessions—R-$350, NR-$360, PR-$298, PNR-$306

Basketball - Xtreme Hoops - 1-on-1 Training
Ages: 11+
Location: UM Community Center
Instructor: Michelle Michael

This is an advanced and intense group workout session designed to help aspiring players develop advanced basketball shooting skills. The workout will include the use of the latest technology in basketball shooting. Sessions are paid in advance through Parks & Rec and scheduled at www.xtreme-hoops.com. Click on Make a Reservation or Email Michelle Michael at ShellyM@girlshoops.org.

Dates: Friday Nights 9/25-12/18—60-minute private sessions
Cost:
FSY20.10.1 Single Session—R-$50, NR-$55, PR-$42, PNR-$46

SPORTS PROGRAMS - ADULT

Tennis - Radnor Racquet Club
Ages: 13-100
Location: Radnor Racquet Club
Instructor: David Broida

Learn the fundamentals of the sport, including forehand, backhand, serve, volley and basic strategy. Instruction will be provided for Beg. & Int. players, as well as training for middle & high school tennis team members.

Cost: R-$195, NR-$205, PR-$166, PNR-$174
FSA20.2.1 Sun 9/20-11/22 7:00p-8:00p

ADULT LEAGUES

Flag Football - Adult Coed League
Ages: 18+
Location: Heuser Park
Director: Flag Football America Staff

Adult Co-ed Flag Football League is a competitive and recreational version of a popular American game. Teams will be organized and play according to national rules and regulations. League will include regular season league games, statistics, awards and playoffs. The league will provide the referees, flags, fields and footballs. This is a great activity for individuals and teams. Individuals and teams are encouraged to register. Athletic attire and metal football cleats/sneakers required.

Cost: Team—$795; Individual—$90
FSA20.5.1 Sun 9/27-11/15 9:00a-1:00p
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  Pairs picture books with related nonfiction eBooks from Scholastic to build a love of reading and learning.

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- **TumbleBooks**
  Animated, talking picture books which teach kids the joy of reading in a format they’ll love.

- **Tutor.com**
  An online tutoring program that provides students with an individualized tutor to help with homework questions in math, science, English, history and more.

**eLearn & eResearch**

- **POWER Library**
  Access to 24 databases with thousands of scholarly articles, images, sound clips, videos, in addition to information on health, cyberbullying, the environment and more. Provided by the PA Dept. of Education

- **AskHere PA**
  Reference Librarians at the ready to help you answer your questions

- **AtoZ USA, World, World Food**
  Valuable research and travel information all 50 states and territories and countries around the world. And thousands of international recipes bring international cuisine to you!

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  Ratings, reviews, recommendations and buying advice for thousands of products and services

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  Create resumes, cover letters and reference pages with ease

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  State-specific legal forms for wills, real estate, bankruptcy, divorce, landlord/tenant and many others

- **Mango Languages**
  Online language learning for over 30 languages and includes ESL too

- **Morning Star Investment Research Center**
  Comprehensive financial information on stocks and funds

- **Pronunciator & Pro Citizen**
  Online language learning for over 75 languages and prepares new Americans for the Civics, Reading, and Writing portions of the Naturalization Test.

For more information or to register for any of these events, please call the Adult Department (610-265-4805), the Children’s Department (610-265-4806) or visit our website at http://www.umtownship.org/library
We have "THE BEST OF TIMES" at the Upper Merion Senior Service Center!

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