



SLEEPING & YOUR CHILD



Picture Books and Board Books

Close Your Eyes by Kate Banks	E BANKS
I Wish I Could... Sleep! by Tiziana Bendall-Brunello	E BENDALL-BRUNELLO
While You Are Sleeping by Durga Bernhard	E BERNHARD
Franklin in the Dark by Paulette Bourgeois	E BOURGEOIS
The Going to Bed Book by Sandra Boynton	E BOARD BOOK BOYNTON
Back to Bed, Ed! by Sebastien Braun	E BRAUN
Under the Bed by Paul Bright	E BRIGHT
Too Many Monsters by Eve Bunting	E BUNTING
Noah's Bed by Lis Coplestone	E-C
Goodnight, Me by Andrew Daddo	E DADDO
While You Are Sleeping by Alexis Deacon	E DEACON
Go Away, Big Green Monster! by Ed Emberley	E EMBERLEY
No Go Sleep by Kate Feiffer	E FEIFFER
My Bedtime by Heather Feldman	ER FELDMAN
Stormy Night by Hubert Flattinger	E FLATTINGER
The Sandman by Ralph J. Fletcher	E FLETCHER
Tiger Can't Sleep by S.J. Fore	E FORE
Monster Trouble by Lane Fredrickson	E FREDRICKSON
Good Night, Sleep Tight by Claire Freedman	E FREEDMAN
Lights Out by Arthur Geisert	E GEISERT
Good Night, Baby Ruby by Rohan Henry	E HENRY
Can't Sleep Without Sheep by Susanna Hill	E HILL
All Ears, All Eyes by Richard Jackson	E JACKSON
Henry's Night by D.B. Johnson	E JOHNSON
Are You Ready for Bed? by Jane Johnson	E BOARD BOOK JOHNSON
Little Rabbit Goes to Sleep by Tony Johnston	E JOHNSTON
Goodnight, Little Monster by Helen Ketteman	E KETTEMAN
Little Rabbit and the Night Mare by Kate Klise	E KLISE
Sleep Like a Tiger by Mary Logue	E LOGUE
Max and Milo Go to Sleep by Heather & Ethan Long	E LONG
Peeping and Sleeping by Fran Manushkin	E MANUSHKIN
Kitty Cat, Kitty Cat, Are You Going to Sleep? by Bill Martin	E MARTIN
Shh! Bears Sleeping by David Martin	E MARTIN

Picture Books and Board Books, continued

A World Full of Monsters by John Troy McQueen	E MCQUEEN
Sleepy Toes by Kelli McNeil	E BOARD BOOK MCNEIL
Nighty-Night, Cooper by Laura Numeroff	E NUMEROFF
The Patterson Puppies and the Midnight Monster Party by Leslie Patricelli	E PATRICELLI
I Want My Light On! by Tony Ross	E ROSS
Lucy Can't Sleep by Amy Schwartz	E SCHWARTZ
Dinosaur vs. Bedtime by Bob Shea	E SHEA
The Sleepy Little Alphabet by Judy Sierra	E ALPHABET SIERRA
Sweet Dreams Lullaby by Betsy Snyder	E SNYDER
Wanda's Monster by Eileen Spinelli	E SPINELLI
Astronauts are Sleeping by Natalie Standiford	E STANDIFORD
Good Night, Good Knight by Shelley Moore Thomas	ER THOMAS
When Will It Be Spring? by Catherine Walters	E WALTERS
Scaredy Squirrel at Night by Melanie Watt	E WATT
Sleep, Big Bear, Sleep! by Maureen Wright	E WRIGHT
Jake Stays Awake by Michael Wright	E WRIGHT

Resources for Parents

Solve Your Child's Sleep Problems by Richard Ferber	PT 618.928498 FER
The Rabbit Who Wants to Fall Asleep: A New Way of Getting Children to Sleep by Carl-Johan Forssén Ehrlin	PT 618.92 FOR
Helping Baby Sleep: The Science and Practice of Gentle Bedtime Parenting by Anni Gethin	PT 649.122 GET
The Happiest Baby Guide to Great Sleep: Simple Solutions for Kids from Birth to 5 Years by Harvey Karp	PT 649.122 KAR
Bedtiming: The Parent's Guide to Getting Your Child to Sleep at Just the Right Age by Marc Lewis	PT 649.122 LEW
What to Expect at Bedtime by Heidi Murkoff	PT 649 MUR
The No-Cry Nap Solution: Guaranteed Gentle Ways to Solve All Your Naptime Problems by Elizabeth Pantley	PT 618.92 PAN

Websites

National Sleep Foundation: Children and Sleep
<http://www.sleepfoundation.org/article/sleep-topics/children-and-sleep>

Kids Health from Nemours: All About Sleep
<http://kidshealth.org/parent/general/sleep/sleep.html>