



## UPPER MERION PARKS AND RECREATION COED VOLLEYBALL LEAGUE RULES & REGULATIONS

Waiver Release & Roster: The release/waiver statement is located on the roster sheet. All players must read the release/waiver statement, then sign the roster sheet. Your signature on the roster sheet acknowledges that you have read and understand this statement. This form needs to be handed in no later than the date of your team's first game. New player(s) can be added to the roster up to the third week in the season.

Rules: Rules will be in accordance with United States Volleyball Rules with the following additions and emphasis: (Note: When UMPR rules are in conflict with the U.S.A.V. rules, UMPR rules have precedence.)

1. Each team may consist of up to 6 players on the court at one time. At least 2 men and 2 women are required on the court at all times.
2. Each match will consist of **three** games regardless of the outcome of the first two. **Rally scoring will be used for all three games.** A game is won by the team which first scores **25 points**, with a minimum lead of two points/cap 27 points. If in the third game of the match, it starts at or after 45 minutes past the match's scheduled start time, the game is won by the team which first scores 15 points (no lead of two points in third game unless time allows; when time allows cap of 27 points).
3. Rules on obstacles in the gym include:
  - a. back & side curtain or walls: dead ball
  - b. basketball backboards, rafters, lights(ceiling obstacles): In play on your own side
4. Substitutions are player for player. Unlimited substitution.
5. Contact with the net by a player is not a fault, unless it is made during the action of playing the ball, or it interferes with the play.
6. Teams are encouraged to arrive early to warm-up. A five-minute warm-up time will be provided between matches.
7. Time Outs: One thirty second time-out per game will be allowed per team. Only an on court player may call a time out.
8. The referee will be the official scorer and timekeeper.
9. Team Captains (winners and losers) must email or call in results to DRudzinski@umtownship.org or 610-265-1071 immediately after each game. Results for each of

the three games will be recorded in the standings. If results are not communicated, games may not be included on official standings.

10. Disorderly conduct by program participants or their fans will not be tolerated. Excessive language, verbal assault on officials, and all other disruptive behavior will result in expulsion from the league.
11. Per Upper Merion Township ordinance, no alcohol or drug use will be tolerated in the UMCC or on Township property. No player shall appear on the court under the influence of alcohol or drugs.
12. This is a no protest league. All calls are final on the court.

### **Player Information/Eligibility**

13. Only adults 18 years of age and older are eligible to participate. A driver's license may be required to verify age.
14. Eighteen players may be listed on the roster as eligible players. No person can play for more than one team in the league. If you play in one or more games in a season, you may not leave that team to play on another in that season.
15. A player is eligible if they have read the rules and regulations and signed the roster sheet with the release/waiver statement. After the third week in the season no new player(s) can be added.
16. Teams will be allowed to begin with a minimum of four players (2 men and 2 women). As additional players arrive they may be added to the rotation during their teams serve in the center back position. If you know that you do not have enough players please call the UMCC (ask for a programmer) at (610) 265-1071 and let them know your team will be forfeiting that game.

### **Forfeits**

17. Teams will be allowed to begin with a minimum of four players (2 men and 2 women). If a team fails to have four players at 10 minutes beyond the scheduled start time, they will forfeit all three games.
18. Team captains are responsible for calling the league coordinator if your team plans to forfeit. We will make every attempt to notify the other team's captain of the forfeited game, upon being notified.
19. The team's first forfeit will result in a loss of all three games. The second forfeit will result in a loss of each all three games and may result in removal from the playoffs. A third forfeit will result in the team being removed from the league with no refund.

20. To encourage early notification of forfeits, if we receive a call before 4:00 pm the day before your game is scheduled about your forfeit, the games may be rescheduled is possible. Calling in a forfeit is a courtesy to the other team and the ref.

### **Miscellaneous**

21. Team captains are responsible for informing their teammates about the game times, changes in schedules, notices, cancellations, rules and regulations of the league, etc.
22. Team captains need to give **daytime** and evening **phone number** so that we can contact you in case of a forfeit or last minute change. If the captain will not be available for any week during the season, he/she should contact the league coordinator and give the phone number of the replacement for the week in case of a forfeit. (Email will be the primary form of communication to captains. Phone calls will usually be used in cases of last minute notice.)
23. When choosing a name for your team, please remember this is a family oriented community center. The UMCC reserves the right to ask you to change your team name if it has a derogatory connotation.
24. Uniforms: It is recommended that all teams have matching colored t-shirts.
25. We ask that all children sit next to parents and be under supervision at all times. If the only parent attending is playing, that parent is responsible to have a friend in charge of his/her children during the game. Please keep children off the track that encircles the courts and off the open courts (they are for our passholders use only).
26. Lost Items: The UMCC assumes no responsibility for lost or stolen property. If something is missing, check with the front desk's lost and found.
27. Players are responsible for checking with the Community Center Front Desk Staff each evening, before entering the gym
28. No food or drink is allowed in the gym. Water or sport drinks are permitted provided it is in a plastic container with a secured lid (no glass or metal containers permitted).
29. Standings will be posted on [umtownship.org](http://umtownship.org). All discrepancies need to be brought to the attention of the league coordinator immediately.
30. Any questions, comments, or concerns regarding the league should be directed to Dennis Rudzinski (610) 265-1071