



November 2023

SPIN CLASS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Spin 5:45AM Melissa B	2 Spin 6PM Gerri	3	4 Spin 9AM Alicia
5	6 Spin 6PM Gerri	7 Latin Spin 6PM Alicia	8 Spin 5:45AM Melissa B	9 Spin 6PM Alicia	10	11 Spin 9AM Melissa B
12	13 Spin 6PM Alicia	14 Latin Spin 6PM Alicia	15 Spin 5:45AM Melissa B	16 Spin 6PM Gerri	17	18 Spin 9AM Alicia
19	20 Spin 6PM Gerri	21 Latin Spin 6PM Alicia	22 Spin 5:45AM Melissa B	23 CLOSED	24	25 Spin 9AM Gerri
26	27 Spin 6PM Alicia	28 Latin Spin 6PM Alicia	29 Spin 5:45AM Melissa B	30 Spin 6PM Alicia		

