



November 2024

SPIN CLASS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 Spin 9AM Melissa G
3	4 Spin 6PM Melissa G	5 Latin Spin 6PM Alicia	6 Spin 5:45AM Melissa B	7 Spin 6PM Paula	8	9 Spin 9AM Jody
10	11 Spin 6PM Lauren	12 Latin Spin 6PM Alicia	13 Spin 5:45AM Melissa B	14 Spin 6PM Gerri	15	16 Spin 9AM Gerri
17	18 Spin 6PM Jody	19 Latin Spin 6PM Alicia	20 Spin 5:45AM Melissa B	21 Spin 6PM Melissa G	22	23 Spin 9AM Alicia
22	25 Spin 6PM Paula	26 Latin Spin 6PM Alicia	27 Spin 5:45AM Melissa B	28 Spin 6PM CLOSED	29	30 Spin 6PM Melissa B