



# March 2025

## SPIN CLASS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Spin 9AM Jody
2	3 Spin 6PM Lauren	4 Latin Spin 6PM Alicia	5 Spin 5:45AM Melissa B	6 Spin 6PM Lauren	7	8 Spin 9AM Gerri
9	10 Spin 6PM Laura	11 Latin Spin 6PM Alicia	12 Spin 5:45AM Melissa B	13 Spin 6PM Alicia	14	15 Spin 9AM Jody
16	17 Spin 6PM Melissa G	18 Latin Spin 6PM Alicia	19 Spin 5:45AM Melissa B	20 Spin 6PM Gerri	21	22 Spin 9AM Melissa B
23	24 Spin 6PM Paula	25 Latin Spin 6PM Alicia	26 Spin 5:45AM Melissa B	27 Spin 6PM Paula	28	29 Spin 9AM Melissa G
30	31 Spin 6PM Melissa G					