



SEPARATION ANXIETY



Picture Books and Board Books

A Tale of Two Sloths by Graham Annable	J GN ANNABLE
My Day, Your Day by Robin Ballard	E BALLARD
Love, Mama by Jeanette Bradley	E BRADLEY
A Suitcase Surprise for Mommy by Cat Cora	E CORA
What to Do When You're Scared and Worried: A Guide for Kids by James Crist	J152.46 CRI
Llama Llama Misses Mama by Anna Dewdney	E DEWDNEY
My First Day at Nursery School by Becky Edwards	E EDWARDS
I'll See You When the Moon is Full by Susi Gregg Fowler	E FOWLER
The Babysitter Sings by Phillis Gershator	E GERSHATOR
Don't Forget to Come Back by Robie Harris	E HARRIS
Little Lost Owl by Christ Haughton	E HAUGHTON
Don't Want to Go! by Shirley Hughes	E HUGHES
Bye, Bye! by Nancy Kauffman	E KAUFMANN
Hugging Hour by Aileen Leijten	E LEIJTEN
Take a Kiss to School by Angela McAllister	E MCALLISTER
Ready, Set, School! by Jacquelyn Mitchard	E MITCHARD
The Kissing Hand by Audrey Penn	E PENN
Mommy in My Pocket by Carol Hunt Senderak	E SENDERAK
The Kiss Box by Bonnie Verberg	E VERBERG
The Good-bye Book by Judith Viorst	E-V
My Somebody Special by Sarah Weeks	E WEEKS
Love Waves by Rosemary Wells	E WELLS
Mama, Don't Go! by Rosemary Wells	ER WELLS

Resources for Parents

You and Your Anxious Child by Anne Marie Albano	PT 155.4 ALB
Overcoming School Anxiety: How to Help Your Child Deal with Separation, Tests, Homework, Bullies, Math Phobia and Other Worries by Diane Peters Mayer	649.154 MAY
The Birth to Five Book: Confident Childrearing from the Start by Brenda Nixon	PT 649.1 NIX
The No-cry Separation Anxiety Solution: Gentle Ways to Make Goodbyes Easy from Six Months to Six Years by Elizabeth Pantley	PT 649.1 PAN